



## Stepping out of your Comfort Zone\*

In these unprecedented times, public health needs and employer needs have changed dramatically, and many professionals will be asked by employers to do things that are outside of their normal duties of work. When this happens, consider the following simple decision-making process:

- Is the request ethical?
- Does this work serve the greater good?
- Do I have the competencies I need to do this work safely?
  - If I don't have the competencies to do the work safely right now, can I develop the competencies through employer supports, training, or other means?

If the answer to these questions is “YES”, registrants should consider doing what has been asked of them by public health or their employer.

\*SASLPA acknowledges ACSLPA's contribution to this statement.

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